

Over The Hill

(Newsletter for SHOT) November 99

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Heros

Chris Musson – See Dorset Article.

Mark Hows – Mark has recently undergone surgery to donate his bone marrow to a sick child. It certainly made me think about the lack of donor card in my purse – how about you? If anyone is interested about joining the bone marrow donor list I'm sure Mark can give them information.

Zero's

Accounts – Our funds have suffered a recent blow. Rules and Regulations on page 4.

Millennium Madness – Where will you be counting the 000s?

Your Newsletter

Thank you all for your recent articles. I have been inundated with accounts of members' latest adventures and even poems. Tom has be running up hills, as usual. The Girls took a long distance stroll in Yorkshire and Cat has been ghost hunting in Cornwall. In order to retain their content I am adding them as attachments this time but it looks as though I need to expand Over the Hill in the new Millennium.

Remember, this is your Newsletter so please keep sending me your articles about recent trips or details of forthcoming ones as well as anything else you want to share with everyone.

Also, don't forget the Website at http://www.homeusers.prestel.co.uk/hows/inter/shot/shot.htm Contact Mark H if you have any pictures or articles you would like to add to the site.

If you wish to find out what Lynne has been up to in Japan then visit her Website at http://www.donaldsonl.freeserve.co.uk/hom e.html.

Finally, may I wish you all a Merry Christmas and a Happy New Year,

Penny

Participation in the Club's activities shall only be open to individuals who recognise that hiking and mountaineering are activities with a danger of personal injury or death. Participants shall be aware of and accept these risks and agree to be responsible for their own actions and involvement.

Recent Event Reviews

Pete's Cycling Weekend

On 10th September an elite crowd of SHOT members gathered for the group's first ever cycling weekend at Kilnsey in the Dales. Saturday started out really sunny and most of the group pedaled their way off on a 50-odd mile circuit past Malham. Pete was chief mechanic and Swiss Steve provided the world's best pump. During the fixing of one of the two punctures we were entertained by a flock of dancing sheep.

After a number of easy miles on the flat we encountered the first of the real hills of the day which soon stretched out the group. Most of the time we were cruising along en masse which was excellent fun because it is both easier and more sociable.

A chance meeting with Darren and Gus at lunchtime was followed by a pub visit and then a race back to the bunkhouse. The race was between Mashy and Yvonne in a car and the quicker of the cyclists. As I recall the cyclists won thanks to a slight intervention from nature. Other members of the group found their way to the Cray Inn by various means, including Mark Stevenson who felt compelled to run there!

On Sunday, the rest of the group decided to visit the Cray Inn on bikes to see what all the fuss was about. Katherine very bravely rode on the back of one of the tandems as Mashy had his first try at riding on the front of it. It brings back memories of a ride that once I did with Rachael..!!

To conclude I must say a huge thank you to Pete and Katherine for a very enjoyable weekend! (The actual distance travelled is a vague memory).

Chris Hesketh

Dorset

Despite the gale force winds and rain that were sweeping the country, Dorset experienced the last hot weekend of the year. The perseverance award goes to Curly Chris. His car broke down in Ipswich in the morning, so he paid £50 for a train ticket to Dorchester and then hired the only taxi man in town who didn't know where the hostel was.

Wedding photos and even more wedding photos of Chris and Rachel, freshly back from their wedding/honeymoon in Mauritius, circulated the lounge for much of the weekend, although there didn't seem to be many snaps of the country beyond the hotel complex.

Gustav, Darren, Howsey, Julian and Curly Chris completed a 16 mile, 4pub walk along the coast path to the Oldie Worldie village of Abbotsbury, although Julian's pint of shandy in each pub doesn't qualify him as one of the 'boys' yet. Lulworth Cove proved the attraction for many on Sunday where Katherine and Lisa braved the waters for a swim whilst Pete and Steve braved the ice creams on the beach. Baby Wadds had to be restrained from both.

Gustav, Julian and Nessie went Granny spotting in Weymouth on a promise of a glass or two of sherry and only received tea and one biscuit instead. Meanwhile, Howsey was giving a greater insight into the history of the Cerne Abbas Giant chalk figure complete with its phallic symbol. Quote of the weekend goes to Nessie who, on seeing the Cerne Abbas Giant for the first time says, "It's not as prominent as I expected". Obviously Nessie must be spoilt for choice these days.

All in all it was a very enjoyable weekend for a select band.

Gus.

Forthcoming Events

Christmas Dinner (27 Nov)

Andy and Mandy have arranged a Christmas dinner in Kendal with accommodation in their house (bring a sleeping bag and carrymat!). The venue will be Wilf's Café in Staveley famed for catering Mountain Marathons.

The price for this five-course extravaganza is £15.95 and you can bring your own beer and wine.

If you'd like to come then please send Andy a £5 deposit ASAP and let him know your choice of main course at least two weeks before the meal.

SHOT CHRISTMAS MEAL MEXICAN STYLE

TORTILLA CHIPS WITH SALSA MEXICAN CRUDA GUACAMOLE AND FRESH GREEN CHILLI SAUCE

CREMA DE ELOTA
a creamy corn soup
served with
BREAD OF THE DEAD

STUFFED GREEN PEPPERS WITH A CREAMY WALNUT SAUCE

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CRAB ENCHILADAS

or

CHICKEN BURRITOS
all served with
MEXICAN RICE
SPICY GREEN BEANS
CHRISTMAS SALAD

ALMOND TORTE

CARAMEL CUSTARD

COFFEE WITH
PECAN AND ALMOND CAKE

New Year Trip – Braemar (27 Dec-2 Jan)

The Millenium Trip will be in Scotland, surprise – surprise, and the usual suspects will be there. It would appear that all the beds are now taken but if you still wish to go there may be space on the floor.

Ski France 2000 (4-12 February)

For those of you who fancy a bit of sun, snow and apres ski next year, Chris McCarthy has organised a ski trip to the French Alps. For a cost of around £585 you could be snowploughing down one of the largest ski area in the world. Accommodation is in a catered Chalet with transport on the snow train. This cost also includes equipment hire, lessons and lift pass. Chris has booked this trip now and filled his places, however if anyone else wishes to join them please contact Chris for the details.

Snowdonia (5-7 February)

Marks Wadds is organising a weekend to Llanbedr, Mid-Wales, to celebrate his Birthday. The Youth Hostel where we will be staying is 3 miles from Harlech offering trips to the Rhinog Mountains and the coastal towns. Also the Ffestiniog Railway and Portmerion are close by. The hostel is next to a pub but there are cooking facilities for those who would prefer to self cater. Send a £5 deposit to Mark if you are interested.

Lake District (March)

Gus is currently planning a trip to the Woolpack Inn at Eskdale. More details will be available for the February Newsletter. If you are interested please let him know ASAP so that we can evaluate the popularity of the trip and send him a £5 deposit..

CALENDAR OF EVENTS

19th to 28th November New York

New Year Braemar £21 Deposit Pay Dave Steed

February 4th to 12th Ski France 2000 £585 approx Contact Chris Mc

February 5th to 7th Snowdonia £5 deposit Pay Mark Wadds

March Lakes District £5 deposit Pay Gus

Rules and Regulations

Unfortunately due to the reduced attendance on the Dorset Trip we had to subsidise by £100. As the yearly income to the club is approx £150 per year this placed a hefty dent in our accounts. In order to prevent a recurrence of this I am suggesting we should apply some simple rules.

If you have any suggestions or comments on this then please let me know.

Gossip

Congratulations to John and Jill on the birth of their daughter Rachel.

Also, congratulations to Mr. and Mrs. McCarthy on their wedding in Mauritius.

Welcome to Cara, Heather and Tara who recently joined SHOT. Cara joined in a moment of madness on the 'Girlie' weekend, while Heather and Tara, who travelled to Dartmoor for the April trip have decided that they could possible stand another SHOT experience!

The Boys versus Girls debate has been hotting up. Is it sexist and exclusive to have 'boy only' or 'girl only' trips? Should we judge them by miles or pints? Should we mention them in the Newsletter? Well, as these trips are private it is up to the organiser who they should invite and anyone who doesn't see that the rivallry is all a bit of fun should go and find a sense of humour!

The Last Word.

And Malt does more than Milton

To justify God's ways to man. Ale, man, ale's the stuff to drink For fellows whom it hurts to think.

A E Houseman

We drink to one another's health but spoil our own.

Jerome K Jerome